Nutritional Information

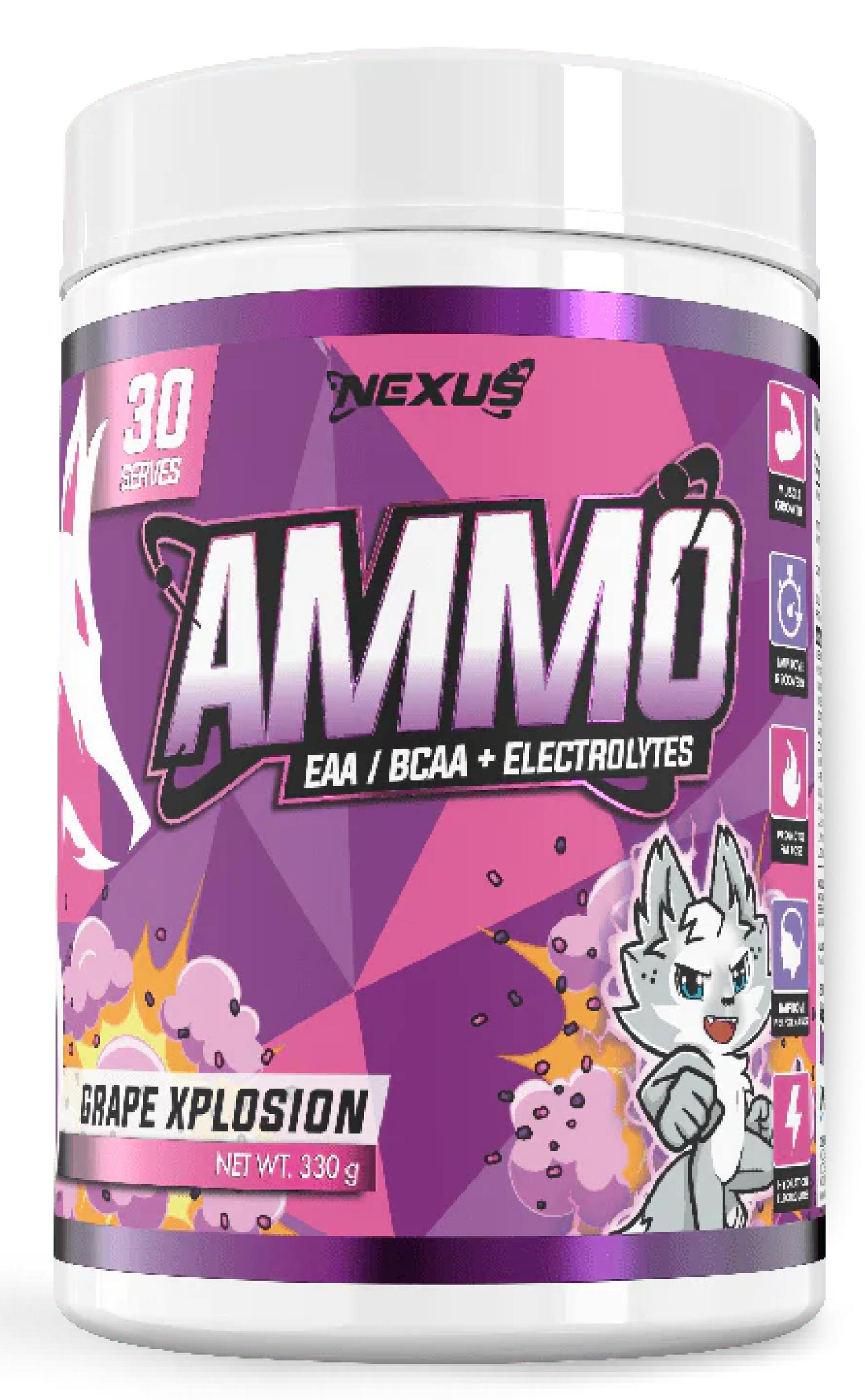
Serving Size: 11.0 Single Serves: 30	AVG QTY per serving	AVG QTY per 100 g
ENERGY	147 kJ	1340 kJ
	35 Cal	320 Cal
PROTEIN	7.7 g	70.4 g
FAT TOTAL	0.0 g	0.0 g
- SATURATED	0.0 g	0.0 g
CARBOHYDRATES	0.9 g	8.5 g
- SUGAR	0.7 g	6.5 g
SODIUM	102 mg	332 mg

COMPOSITION INFORMATION:		
IBCAA 2:1:1 (L-Leucine, L-Isoleucine, L-Valine) Glycine	4740 mg 1500 mg	43100 mg 13600 mg
L-Glutamine	1000 mg	9090 mg
Magnesium Citrate	280 mg	2550 mg
Potassium Citrate	220 mg	2000 mg
L-Lysine	161 mg	1460 mg
L-Threonine	112 mg	1020 mg
Sodium Chloride	86 mg	782 mg
L-Phenylalanine	82 mg	745 mg
L-Methionine	60 mg	545 mg
L-Tryptophan	52 mg	473 mg
L-Histidine	30 mg	273 mg

^{*}The information contained in this product specification is prepared in accordance with the Australia New Zealand Food Standard Code and the Nutrition Information panel and any amino acid profile has been calculated from information obtained from our approved ingredient suppliers product specifications and food composition tables. Vision Made Co. makes no representations or warranties of any kind as to the accuracy, adequacy or completeness of any information and/or opinions contained in this document or that this product is suitable for your intended use. The information and/or opinions contained in this document may be changed at any time without notice.

INGREDIENT LISTING:

IBCAA 2:1:1 (L-Leucine, L-Isoleucine, L-Valine), Glycine, Flavour, L-Glutamine, Food Acids (Citric Acid, Malic Acid, Tartaric Acid), Sweeteners (Sucralose, Acesulfame Potassium), Magnesium Citrate, Potassium Citrate, L-Lysine, L-Threonine, Sodium Chloride, L-Phenylalanine, L-Methionine, L-Tryptophan, L-Histidine, Colours (Brilliant Blue FCF, Allura Red AC).



NOT SUITABLE FOR CHILDREN UNDER 15 YEARS
OF AGE. NOT SUITABLE FOR PREGNANT WOMEN
SHOULD ONLY BE USED UNDER MEDICAL
OR DIETETIC SUPERVISION. CONTAINS PHENYLALANINE.

ALLERGEN STATEMENT: PACKED IN A FACILITY THAT ALSO PRODUCES PRODUCTS CONTAINING MILK AND SOY.

SERVING SUGGESTION:

Mix 1 serve (11.0 g) into 500 ml of water EQUIVALENT TO 1 SCOOP.

Do not consume more than 2 servings per day. Must be consumed immediately after make up. Do not consume if left longer than 4 hours.



