Serving Size: 32g (1 scoop) Servings Per Container: 30 ENERGY

PROTEIN FAT TOTAL - SATURATED CARBOHYDRATES - SUGAR SODIUM

## **COMPOSITION INFORMAT**

Glycine\* **IBCAA 2:1:1** (L-Leucine\*, L-Iso L-Valine) **DigeZyme®** (Multienzyme Cc (Alpha Amylase, Acid Protease

Cellulase, Lactase, Lipase))

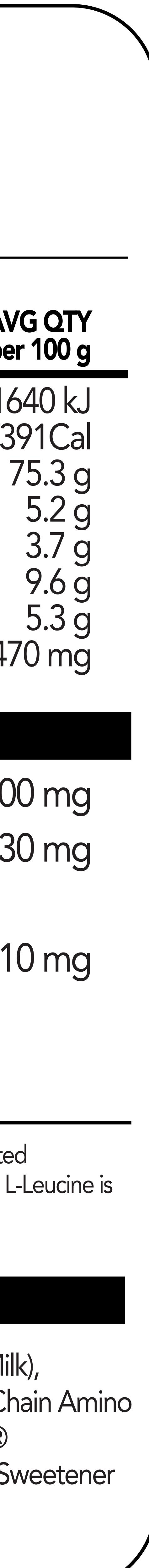
\*Please note, items with \*asterisk are higher than the maximum that can be claimed under Formulated Supplementary Sports Food. The maximum amount that may be added to a one-a-day quantity for L-Leucine is 490 mg and Glycine is 1500 mg

# **INGREDIENT LISTING:**

Whey Protein Blend 73% [Whey Protein Concentrate (Milk), Whey Protein Isolate (Milk), Emulsifiers (Soy Lecithin, Sunflower Lecithin)], Glycine, Flavour, Instantised Branced Chain Amino Acids (IBCAA) 2:1:1 (L-Leucine, L-Isoleucine, L-Valine), Sodium Chloride, DigeZyme® (Multienzyme Complex (Alpha Amylase, Acid Protease, Cellulase, Lactase, Lipase)), Sweetener (Sucralose).

# **Nutritional Information**

	AVG QTY per serving	AV pe
	524 kJ 125 Cal 24.1 g 1.7 g 1.2 g 3.1 g	
	1.7 g 150 mg	47
	5000 mg	1560
oleucine,	1000 mg	313
se,	100 mg	31





NOT SUITABLE FOR CHILDREN UNDER 15 YEARS OF AGE. NOT SUITABLE FOR PREGNANT WOMEN SHOULD ONLY BE USED UNDER MEDICAL OR DIETETIC SUPERVISION.

## **ALLERGEN STATEMENT: MILK AND SOY.**

**SERVING SUGGESTION:** Mix 1 serve (32 g) into 300 mL of water EQUIVALENT TO 1 SCOOP. Do not consume more than 1 servings per day. Must be consumed immediately after make up. Do not consume if left longer than 4 hours.

